

HEALTH

Possibly the Best Explanation for Today's Opioid Crisis

NewsUSA

(NU) - How is it possible that 91 Americans die each day from an opioid overdose?

One of the best explanations comes from Ret. Brigadier General Becky Halstead, who – following a tour of duty in Iraq – was told by the U.S. Army that prescription painkillers were the way to go to deal with her chronic pain.

Opting instead – on her own – to adopt the “chiropractic-first” approach so many experts now recommend for safer and more effective relief, Halstead today credits chiropractic care for “literally saving my life.”

Watch the video at: <https://youtu.be/m2DPVIOm8z8>