

ENTERTAINMENT

What Does It Take To Be a Shen Yun Dancer

NewsUSA

(NU) - A mind of steel, a body that's pushed to its limits, a heart of humility and much more.

The Shen Yun Performing Arts company captures the imagination as it celebrates Chinese culture with a unique presentation of classical Chinese dance combined with original orchestral works and eye-popping special effects.

Learn about the rigorous physical, mental and spiritual requirements for studying at the highest levels of classical Chinese dance and being a Shen Yun dancer in a video. This video is written and narrated by Shen Yun performers and illustrated through real practice footage.

"Awe-Inspiring!" - ABC

"A Must See!" - Broadway World

Watch the video here: <https://youtu.be/VjSwMxnmLrM>