

## HOME

# Let Nature Beautify Your Home

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(NU) - Taking a trip into the great outdoors can be the ultimate experience in relaxation because taking in the beauty of nature can rejuvenate your senses, eliminate stress and depression and give you a fresh outlook on life. So, why not incorporate these same elements into your home décor?

Many people often spend countless hours and dollars searching for the perfect home theme, but you don't have to do much to completely overhaul your home's appeal. In fact, it may only take a couple of quick fixes to invite Mother Nature's finest aspects into your everyday living. If you are hoping to put just the right amount of natural flair into your home, the following tips will guide you in the right direction:

- **Make citrus the centerpiece.** Struggling to find the perfect centerpiece for your dining room table or even your coffee table? Try a naturally inspired look by arranging whole fruit in a bowl or basket for a quick, easy and inexpensive centerpiece that adds color and personality. And don't worry about its staying power. Citrus, when stored in a cool place, lasts for up to two weeks.
- **Set a mood.** Candlelight can add a wonderful, warm glow to any room, which lends itself to comfort and tranquility. Try shedding a new light on this age-old decorating tip by creating your own candle holders out of citrus. Simply cut a space just large enough to hold a tealight candle in one half of a grapefruit or an orange. The combined smells of



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**Combining sliced citrus fruit with floral arrangements can make for a stunning, natural display in your home.**

both citrus and wax are fresh and soothing.

- **Utilize the beauty of flowers with a new twist.** Flowers can add a touch of color to your décor and even boost your mood. Mix large-headed flowers, such as sunflowers and dahlias, with smaller blooms. Also try adding some fun, textured blossoms, such as belles of Ireland or delphinium, with softer petals like sweetpea or lisianthus. Additionally, a great way to make any arrangement unique is to put citrus fruits, either sliced or whole, in a clear vase as filler around your favorite flowers.

For more citrus ideas for your home and health, visit [www.TexaSweets.com](http://www.TexaSweets.com).